

Autumn/ winter menu 2026

FRESH!

NUTRITIOUS



Our school meals at a glance

We believe school meals should be nutritious,
varied and enjoyable – helping every child feel
fuelled, focused and ready to learn.

Nutritious and Balanced

- ✓ Our Autumn/Winter menu provides balanced, tasty and nutritious meals for pupils
- ✓ Meals are carefully balanced with carbohydrates, protein and healthy fats to support wellbeing
- ✓ Menus offer variety, colour and familiar seasonal dishes that appeal to pupils

Fresh and Varied

- ✓ Fresh fruit and vegetables are available daily to encourage nutrient dense plates
- ✓ A wide variety of colourful vegetables are offered each week, including seasonal choices where possible

Standards You Can Trust

- ✓ All menus are developed in line with the School Food Standards
- ✓ No Food Standards Agency (FSA) prohibited additives are used in our meals
- ✓ Meat dishes meet Government Buying Standards (GBS) requirements
- ✓ accordance with the School Food Standards

Something for Everyone

- ✓ Vegetarian options are available every day, with plant-based dishes featured across the menu cycle
- ✓ Allergy Aware and bespoke menus are available to support dietary needs

Healthier Choices

- ✓ Wholegrain carbohydrate options are regularly included, such as wholemeal bread, wholegrain rice and wholewheat pasta
- ✓ Ingredients and recipes meet, or are below, Public Health England targets for sugar and salt

TASTY

FRUITY!

autumn/
winter
2026

HH00TT DDIISSSHLFFEE

TASTY

dddeee III



Available daily



fresh fruit, salad,
yoghurt and water

Vegetarian Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

FRESH!

JUNIORS & JAMES ROAD

NUTRITIOUS

Chartwells
Schools

	MONDAY	TU E S DAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	BBQ Vegetable Pizza with Potato Wedges ?<	Sweet Potato & Lentil Curry with Wholegrain Rice ?! #< €>	Cheese and Onion Pie with Roast Potatoes <	Vegan Meatball Baguette with Potato Wedges ?!	Quorn Dippers with Chips ?!
OPTION 2	Cheese and Tomato Pizza with Nut-Free Pesto Pasta ?#<	Pork Meatball Sub with Herby Diced Potatoes	Roast Chicken with Roast Potatoes, Stuffing and Gravy	Lasagne with a Garlic Doughball #< €>	Fish Fingers with Chips
OPTION 3	Creamy Garlic Pasta ?!	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ?< #<	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ?< #<	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ?< #<	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ?< #<
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					/2027
OPTION 4	Jacket Potato with BBQ Baked Beans ?<	Cheese and Tomato Panini ?<	Jacket Potato with Cheesy coleslaw ?<	Tuna and Cheese Panini Melt	Jacket Potato With Cheese or Beans <
DELI DISHES ARE SERVED WITH MIXED SALAD					/2027
DESSERT	Lemon Cookie ?!	Chocolate Ice Cream	Apple Crumble with Custard] €>	Chocolate Marble Cake	Yoghurt and Fruit *] €>

FRUITY!

WEEK 1
WEEK 2
WEEK 3

W/C: 02/11/2026, 23/11/2026,
14/12/2026, 04/01/2027, 25/01/2027,

Menu_182_025185

autumn/
winter
2026

HH00TT DDIISSSHIFEE

TASTY

dddeee III



Available daily



fresh fruit, salad,
yoghurt and water

Vegetarian
 Vegan
 Oily Fish
 Fruity!
 Wholegrain
 Nutritionist's Choice

FRESH!

JUNIORS & JAMES ROAD

NUTRITIOUS

Chartwells
Schools

	MONDAY	TU E S DAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	BBQ Vegetable Pizza with Potato Wedges ?<	Chinese Vegetable Rice ?< #< €>	Quorn Roast with Mashed Potato, Yorkshire Pudding and Gravy ?<	Vegetable Korma with Wholegrain Rice ?#< €>	Quorn Dippers with Chips ?!
OPTION 2	Cheese and Tomato Pizza with Nut-Free Pesto Pasta ?#<	Chicken Tandoori with Wholegrain Rice and Chota Naan #< €>	Roast Gammon with Mashed Potato, Yorkshire Pudding and Gravy	Katsu Chicken with Wholegrain Rice #<	Southern Fried Chicken with Chips
OPTION 3	Spicy Tomato Pasta Bake with Garlic Dough Balls <	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ?< #<	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ?< #<	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ?< #<	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ?< #<
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
OPTION 4	Jacket Potato with BBQ Baked Beans ?<	Cheese Panini ?<	Jacket Potato with Bean and Vegetable Chilli ?<	Tuna and Cheese Panini Melt	Jacket Potato With Cheese or Beans ?<
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Chocolate Cookie ?!>	Strawberry Ice Cream	Apple and Berry Crumble with Custard ?!€>	Chocolate Fudge Cake	Yoghurt and Fruit *!€>

22/01

FRUITY!

WEEK 1
WEEK 2
WEEK 3

W/C: 09/11/2026, 30/11/2026,
21/12/2026, 11/01/2027, 01/02/2027,

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autumn/
winter
2026

HH00TT DDIISSSHIFFEE

TASTY

dddeee III



Available daily



fresh fruit, salad,
yoghurt and water

Vegetarian Vegan Oily Fish Fruity! Wholegrain Nutritionist's Choice

FRESH!

JUNIORS & JAMES ROAD

NUTRITIOUS

Chartwells
Schools

	MONDAY	TU E S DAY	WEDNESDAY	THURSDAY	FRIDAY
OPTION 1	BBQ Vegetable Pizza with BBQ Potato Wedges?<	Chinese Vegetable Noodles ?<€>	Quorn Roast with Mashed Potato,Yorkshire Pudding and Gravy ?<	Macaroni Cheese ?<	Quorn Dippers with Chips?!
OPTION 2	Cheese and Tomato Pizza with Nut-Free Pesto Pasta?#<	Homemade Sausage Roll with Herby Diced Potatoes	Roast Chicken with Roast Potatoes and Gravy	Beef Bolognese with Wholewheat Pasta#< €>	Fish Fingers with Chips
OPTION 3	Red Pepper and Nut Free Pesto Spaghetti ?<	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ?< #<	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ?< #<	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ?< #<	Tomato Pasta Fresh, homemade Tomato Sauce with Penne Pasta ?< #<
HOT DISHES ARE SERVED WITH TWO VEGETABLES AND FRESHLY BAKED BREAD					
OPTION 4	Jacket Potato with BBQ Baked Beans ?<	Cheese Panini ?<	Jacket Potato with Vegetarian Bolognese ?<	Tuna and Cheese Panini Melt	Jacket Potato With Cheese or Beans?<
DELI DISHES ARE SERVED WITH MIXED SALAD					
DESSERT	Oat Cookie with Fruit?!*]	Vanilla Ice Cream	Chocolate Cookie ?!	Chocolate Sponge with Chocolate Custard	Yoghurt and Fruit *!€>

01/01

W/C: 16/11/2026, 07/12/2026,
28/12/2026, 18/01/2027, 08/02/2027,

FRUITY!

WEEK 1
WEEK 2
WEEK 3

Menu_182_025185