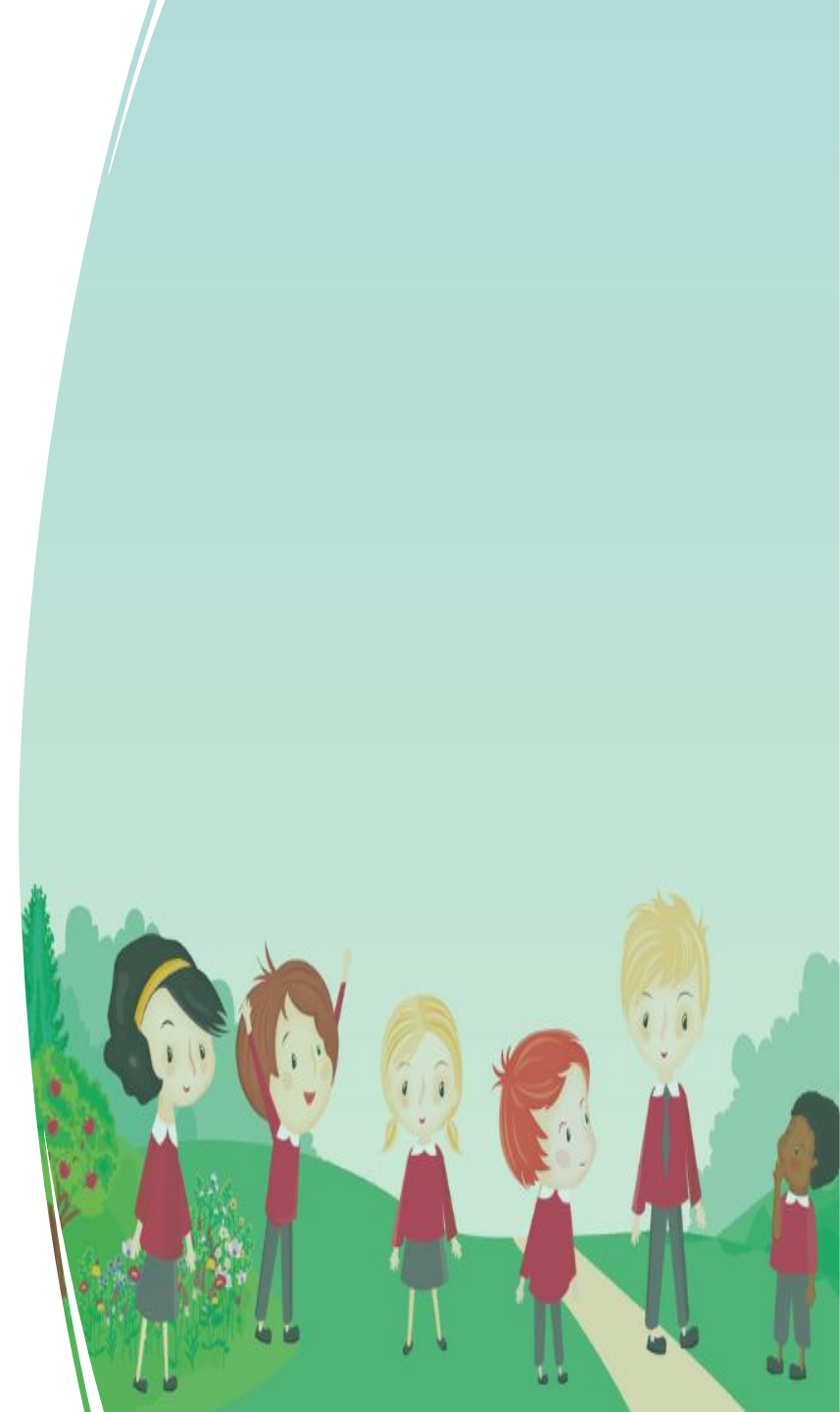


The Six Principles of Nurture

1. Everyone learns in their own way
2. School is a safe place
3. Well-being is important
4. Words are powerful
5. Behaviour is communication
6. Changes can feel tricky



Everyone learns in their own way:

At South Camberley, we learn in different ways so everyone can join in.

In Learning for Life lessons we use role-play, videos, and stories to help everyone learn.

We use talking, pictures, and activities so learning works for everyone.



School is a safe place:

School feels safe because adults are always there to help us.

If we're worried, we can talk to trusted adults or go to safe spaces.

Our rules keep us safe by reminding us to be kind and speak up.



Well-being is important:

The Zones of Regulation help us understand our feelings. In the red zone, I calm down by breathing or taking a break.

The zones show how our body and emotions feel. In the blue zone, I feel better by talking or moving back to green.



Words are powerful:

Kind words help people feel safe and happy.

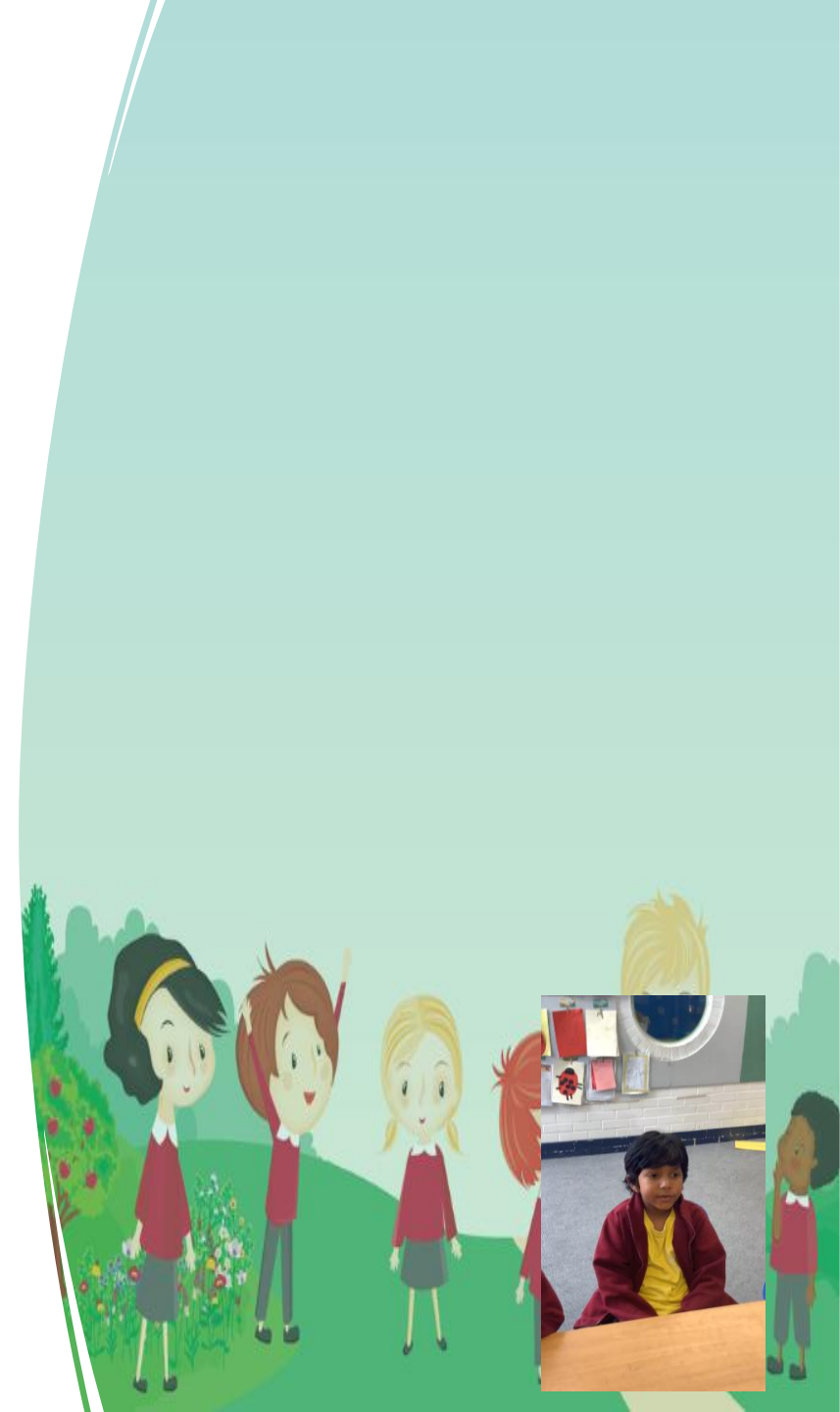
We use words to help, like saying sorry or giving compliments.



Behaviour is communication:

Behaviour shows how someone is feeling.

Adults help us talk about feelings instead of getting cross.



Changes can feel tricky:

Change can feel tricky sometimes.

We handle it by talking, getting support, and feeling safe.

