

## **Implementation**

Learning for Life is an ever-evolving subject, which responds to the needs of children and society. In order to achieve this, we have a structured learning experience with a clear balance of skills and knowledge development from the EYFS through to Year 6. Our whole school approach to the teaching and learning of Learning for Life involves the following;

Learning for Life is taught through a mindful approach using the SCARF scheme of work which embraces emotional literacy, social skills and spiritual development.

The SCARF programme provides a comprehensive PSHE Programme which covers all the requirements of the government guidance and outcomes, and more.

SCARF's philosophy starts by building positive self-image, a sense of identity and a healthy relationship with self, and from that starting point helps children grow healthy relationships with others.

One lesson per week through varied teaching strategies and differentiated approaches to suit all children however a great emphasis is placed on Learning for Life being embedded in all aspects of the curriculum and ethos of the school.

A spiral approach, gradually revisiting topics at a deeper level at each key stage or year group, whilst rehearsing, emphasising and embedding the essential skills and attributes young people need to manage their lives, both now and in the future.

We strive to help our pupils understand how they are developing personally and socially, and support them to tackle many of the moral, social and cultural issues that are part of growing up, not only in Learning for Life but in all aspects of the curriculum.

Within lessons, there is a mindfulness aspect to the curriculum helps address the emotional health and behaviour issues which often can create barriers to learning.

We have created a safe, open and positive learning environment based on trusting relationships between all members of the class, adults and children alike: this is done through establishing 'ground rules' which are agreed and owned at the beginning of the year in the form of a Class Charter.

We understand the importance of emotional and mental wellbeing, ensuring that our pupils know how to look after themselves both physically, emotionally and mentally and where to find suitable support.

Pupils are taught to discuss and debate issues with clarity, and listen to people's points of view, whilst understanding that you do not have to agree with them but recognise their point of view.

We provide our pupils with opportunities to learn about their rights and responsibilities and appreciate what it means to be a member of a diverse society

Pupils are encouraged to develop their sense of self-worth by playing a positive role in contributing to school life and the wider community: e.g. School council, House captains, ambassadors.

The topics covered have a strong safeguarding focus, obvious to teachers but not necessarily so explicit to children. (Please see the RSHE policy)

## **Impact**

Learning for Life will be recorded within class floor books. Many of the lessons will be assessed through discussion, group activities and evidence within books. Staff will evaluate the children's contributions through assessment for learning using the SCARF assessment tools and pupils will be involved in self and peer assessments in each session.

Children are able to talk about their feelings in a safe environment and gain a good understanding of themselves and of others and develop strategies to deal with the real world. Pupils learn to be aware of their thoughts and feelings as they arise and will be able to focus their mind on what they chose to focus on thus having a positive impact on their learning attitudes. Mindful children can more readily choose their responses to situations rather than react while caught up in the thought-flows and emotions, saving behaviour issues from happening, helping concentration and lessening stress and anxiety.

Health Education in SCARF embraces not only physical health but has a strong focus on mental health and emotional literacy throughout and empowers children to be aware of their own thoughts and feelings and know how to manage and regulate these. SCARF values every child and so takes inclusively as a given, promoting acceptance of individuals for who they are and who they will become. Our philosophy is to grow resilience and positive self-esteem and confidence in children, so they can recognise when they feel uncomfortable in a situation and know who to trust and how to speak up for help. They respect themselves and their bodies and know what healthy relationships feel like.

At the core of our Learning for Life study are the British Values. Our pupils learn what it means to be part of a wider community and how to have a positive impact on those around them.

Our ultimate aim is for every single child who leaves South Camberley Primary School to become the very best that they can be and to ensure that disadvantage does not hold any child back.